




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Pulled pork sandwich Fries Cucumber & tomato salad Strawberries & Bananas	2 Homemade Pasta Soup Dinner Roll Ice Cream Cup	3 Coney on a bun French Fries Corn Fresh Pineapple
6 Chicken Salad on Rye Vanilla Pudding	7 Biscuits w/Sausage Gravy Peas Yogurt with Strawberries	8 Hamburger Soup Cauliflower Dinner Roll Cottage cheese w/pineapple	9 Pot Roast w/gravy Whipped Potatoes Baby Carrots CELEBRATE BIRTHDAYS!	10 Egg Salad Sandwich Zucchini Cantaloupe
13 Sloppy Joe's Fries Green Beans Brownie	14 HEALTHY HEART LUNCH & WEAR RED DAY No take outs Home deliveries will be made	15 Tuna Noodle Casserole Peas Roll Ice Cream Sandwich	16 Baked Ziti Italian Bread Italian Green Beans Jell-O with fruit	17 Soft tacos with lettuce, cheese, sour cream & salsa Corn Sherbet
20 PRESIDENTS DAY HOLIDAY	21 Cheeseburger on bun Lettuce, tomato & onion Peas Sweet potato fries Pears	22 Pesto Chicken Rice Pilaf Italian blend vegetables Cantaloupe	23 Pork Roast w/gravy Mashed potatoes Mixed vegetables Applesauce	24 Pizza California blend veggies Cinnamon apple muffin
27 Tomato Soup Grilled Cheese Peas Chocolate pudding	28 Chicken Parmesan Italian blend veggies Garlic Sticks Cookie		FEBRUARY 2017	Elder's lunch is served at noon. Menu is subject to change. Milk, juice, coffee, tea, salad, and fresh fruit available daily. Reservations must be made a day in advance. An alternative lunch is offered every day of a PB&J or cheese sandwich. Please let the kitchen staff know if you would like an alternative by calling (315) 829-8154 by 9:30 am.