



Government Programs & Services Elders Program

5000 Skenondoa Way, Oneida, NY 13421

Program Hours

Monday - Friday 8:30 a.m. - 5 p.m.
1-800-685-6115 or (315) 829-8135

2017

Tsha'tekohsélha'
"Midwinter"

February Highlights

February...the month of love. With that in mind you will love the new programs we have added to this month. Join Loreen Collins for oil painting and our own Tammy Patterson for Wire Wrapping for Beginners. Some annual contests are also back on board such as the always exciting "Luscious Lips" contest and the Red Dessert contest. Please join us in the dining room on Valentine's Day, Tuesday Feb. 14 for the annual Healthy Heart Lunch and Wear Red Day. We look forward to seeing everyone at all the activities.

Program Coordinator

Kathy Willard

Activities Leader

Tammy Patterson

Elders Home Respite Aide

Jeanne Dee Northington

Bus Driver

Brody Payne

Senior Cook

Charisse Gibson

Cooks

Maryanne DeNova
Melanie Stover

Oneida Nation Council

Ray Halbritter

Keller George

Chuck Fournier

Brian Patterson

Pete John

Clint Hill

Dale Rood

Kim Jacobs

**Commissioner of
Nation
Administration**

Caregiver's Support Group

Our caregiver's support group, Teyakhishnyehé' ("We Take Care of Them") is an ideal place to share concerns and feelings with others who understand and can offer solutions and emotional support in a confidential setting. This month's meeting is on Wednesday, Feb. 22 at 11:45 a.m. at the Season's Harvest restaurant at Turning Stone Resort Casino. If you are providing primary care for an Elder and would like some helpful information, contact Jeanne Dee Northington at (315) 829-8330.

Elders Home Respite Services

Jeanne Dee Northington provides home respite services to Nation Elders that may help them remain independent and in their own homes. Jeanne provides shopping assistance, light housekeeping and companionship to Elders who have no one else available to assist them. Jeanne also visits Elders in local hospitals and nursing homes to help keep them connected with Oneida community. In addition, Jeanne provides home delivered lunches in the Village of the White Pines and on the Territory. If you or an eligible loved one are in need of Home Respite Services please call Jeanne at (315) 829-8330.

For questions about any of the following Elders activities, contact Kathy Willard, elders program coordinator, at (315) 829-8133 or 1-800-685-6115.

**Intergenerational
Bingo with the
Youth during the
Recreation**

**Dept.'s Mid-winter
Break on
Thursday,
Feb. 23
at 1:00 p.m.**

Vernon Downs

Be sure to bring your appetite tonight as we will be going to Vernon Downs to enjoy the all-you-can-eat Champions Buffet. The van will leave the Center at 4:30 p.m. on Wednesday Feb. 1. There is no charge for Oneida Nation Elders; others may attend at their own expense.

Oil Painting

Learn new techniques in oil painting with Loreen Collins. She will show us how to manipulate, blend and create form with oil paint. Even if you're a beginner she will walk you through the process of creating beautiful masterpieces. Classes held on Monday, Feb. 6 and Monday, Feb. 13 at 1 p.m.

**Annual Healthy
Heart Lunch &
Wear Red Day**

**Feb. 14 at noon.
Menu catered by
Turning Stone
Chefs!**

Beginner Wire Wrapping

Tammy will once again be teaching beginner wire wrapping classes on Thursday, Feb. 2 and Feb. 16 at 9 a.m. Learn the intricate twists and turns of making beautiful jewelry using a variety of wires. The possibilities of what you can create are endless!



Luscious Lips Contest

Think you know whose lips those are? See if you can match the lips to the face in our Luscious Lips Contest on Feb. 9 at 1:00 p.m.

Red Dessert Contest

Show off your baking skills and maybe win a prize in the annual Red Dessert Contest. The rules are easy: simply make a dessert that has red in it or on it. Bring your baked good to the dining room on Friday, Feb. 10 by 12:30 p.m. Good Luck!



Annual Valentine's Tea

Join us on Wednesday, Feb. 8. to celebrate Valentine's Day with a lovely Valentine Tea at Alice's Dowry Bed & Breakfast located in the gorgeous Finger Lakes. Alice will serve a special "Heart and Tea" made just for Oneida Nation Elders. The bus will leave at 10:30 a.m.



Bowling at Green Lakes

A great time is had by all when we bowl at Green Lakes Lanes. Come join the fun and cheer each other on as we knock down some pins. The bus leaves Friday, Feb. 24 at 1:00 p.m. You don't want to miss the fun!

**Celebrate
Monthly
Birthdays
with us
during lunch
Thursday,
Feb. 9**

Craft & Afternoon Tea

It's a relaxing afternoon of Crafts and Tea on Monday, Feb. 27 at 1:00 p.m. Come and enjoy each others company.

