

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Elder's lunch is served at noon. Menu is subject to change. Milk, juice, coffee, tea, salad and fresh fruit available daily. Reservations must be made a day in advance. An alternative lunch is offered every day of either PB&J or cheese sandwich. Please let the kitchen staff know if you would like an alternative by calling (315) 829-8154 by 9:30 a.m.</p>		<p>1 Baked Ham Couscous Carrots Jell-O with topping</p>	<p>2 Homemade Beef Stew Biscuits Ice Cream Cup</p>	<p>3 Breakfast Enchilada Hash Browns Banana Muffin</p>
<p>6 Goulash Italian bread Cauliflower Sherbet</p>	<p>7 Turkey Pot Pie Roll Bananas & Cream</p>	<p>8 Garlic Parmesan w/ Crispy Chicken Broccoli Pineapple</p>	<p>9 Egg Salad Sandwich Green Beans Chips Celebrate Birthdays</p>	<p>10 BBQ Spare Ribs Macaroni Salad Mixed vegetables Strawberry Shortcake</p>
<p>13 Tuna sandwich w/lettuce & tomato on rye Homemade chicken noodle soup Strawberries & Bananas</p>	<p>14 Sloppy Joes Potato wedges California blend veggies Apple Cobbler</p>	<p>15 Turkey Salad on a Pita Lettuce & Tomato Pasta Salad Cottage cheese w/peaches</p>	<p>16 Irish Shepherd's Pie Carrots Cookie</p>	<p>17 Corned Beef & Cabbage Carrots & Potatoes Shamrock Shake Pie</p>
<p>20 Tomato Soup Grilled Cheese Sandwich Peas Brownie</p>	<p>21 Chicken Riggies Italian Bread Italian blend veggies Banana split cake</p>	<p>22 Cheeseburger French Fries Peas Pears w/cinnamon</p>	<p>23 Chili Cornbread Broccoli Chocolate pudding</p>	<p>24 Ham & cheese Sub Veggies w/dip Yogurt w/ berries</p>
<p>27 Macaroni & Cheese Broccoli Oatmeal Cookies</p>	<p>28 Meatball Subs Green Beans Ice Cream Sandwich</p>	<p>29 Roast Turkey Mashed potatoes Cauliflower Fruit cup</p>	<p>30 Chicken Caesar Salad Wheat Roll Cantaloupe</p>	<p>31 Creamed Chipped Beef On Toast California blend veggies Grapes</p>

march 2017