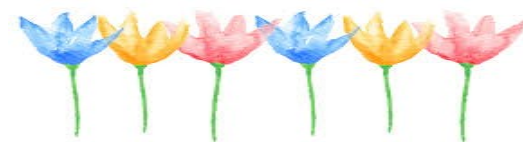


Elder's lunch is served at noon. Menu is subject to change.
 Milk, juice, coffee, tea, salad, and fresh fruit available daily.
 Reservations must be made a day in advance. An alternative
 lunch is offered every day of either PB&J or cheese sandwich.
 Please let the kitchen staff know if you would like an alternative
 by calling (315) 829-8154 by 9:30 a.m.

April 2017



Monday	Tuesday	Wednesday	Thursday	Friday
3 Meatloaf Mashed Potatoes Green Bean Casserole Fruit Cocktail	4 Hamburger Soup Dinner Roll Broccoli Bake Fresh Pineapple	5 Honey Baked Chicken Brown Rice Baked Parmesan Zucchini Rounds Brownie	6 Pizza Buffett Cucumber & Tomato Salad Pears with Cinnamon	7 Fresh Roasted Turkey Waffle Sandwich w/Lettuce Choice of Cranberry Sauce or Honey Mustard Steamed Carrots Ice Cream Sandwich
10 Pot Roast w/Gravy Buttermilk Biscuits Snap Peas Chocolate Pie	11 Chicken with Pineapple Salsa Roasted Asparagus Dinner Roll Tapioca Pudding	12 Baked Ham Couscous Whipped Squash Yogurt w/Berries	13 Spanish Rice Roll Roasted Asparagus Cantaloupe <i>Celebrate Birthdays!</i>	14 Tuna Salad in a Pita Chicken Soup Roasted Veggies Kiwi
17 Chicken Parmesan w/side of Spaghetti Broccoli Whole Grain Roll Rice Pudding	18 Vegetable Lasagna Peas Garlic Bread Honeydew Melon	19 Ground Beef Sliders w/Cheese Sweet Potato Fries Cherry Pie	20 Beef Stroganoff Over Egg Noodles Carrots and Cranberries Cantaloupe	21 Ham & Cheese on a Croissant Tomato Soup Mixed veggies Fresh Fruit Salsa w/Cinnamon Tortilla Chips
24 Pulled Pork on a Bun Coleslaw Baked Beans Fruit	25 Taco Salad Corn Sherbet	26 Egg Salad Sandwich Utica Greens Roasted Potatoes Apple Crisp	27 Sausage Pepper & Onions Orzo with Parmesan & Basil Banana Muffins	28 Beef Hot Dog French Fries Ice Cream Sundae Bar