

THE ONEIDA



ONYOTA AKA

❖ ONEIDA INDIAN NATION NEWS ❖

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Nation Exhibit Gets Upgrades

Oneida Nation Statue at the National Museum of the American Indian Enhanced with New, Multimedia Display



Nation Representative Ray Halbritter, NMAI Director Kevin Gover, Wilson Stevens (Bear Clan) and Oneida Nation Bear Clan Council Member Brian Patterson at the dedication of the new enhancements to 'Allies in War, Partners in Peace.'

With the Oneida Indian Nation's continued support, the Smithsonian's National Museum of the American Indian recently installed a new, interpretive surround experience to the extraordinary "Allies in War, Partners in Peace" bronze sculpture exhibit that honors the friendship forged between the Oneida Indian Nation and the United States during the American Revolution. The new surround experience enhances the storytelling of the historic

alliance with light, sound and projected imagery in an imaginative display that will provide greater context of the two nations' relationship for museum visitors.

"This enhanced interpretation provides an immersive experience for visitors to understand this country's rich history, so that there is a deeper understanding of the nuance, texture and depth of that history — an understanding that goes beyond the two-dimensional stories that too often

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Jeanette Mason and son, Peter Mason (Turtle Clan), Penny Raymond (Turtle Clan) and her husband, Norman.

Dinner Reflects on Memorable Year

The Oneida Room at the Turning Stone Resort Casino was the site of the annual Elders Dinner on Sunday afternoon, April 8. The event honors Elders and their families, and provides an opportunity for Nation leadership to discuss the exciting progress of the Oneida Nation's government programs and services as well as its commercial enterprises over the past year.

Bear Clan Council Member Brian Patterson welcomed everyone and introduced Mary Blau (Turtle Clan), an Oneida language instructor, to recite the Thanksgiving Address in the Oneida language.

Over the last year the Nation reclaimed more of its sacred

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Elders Dinner

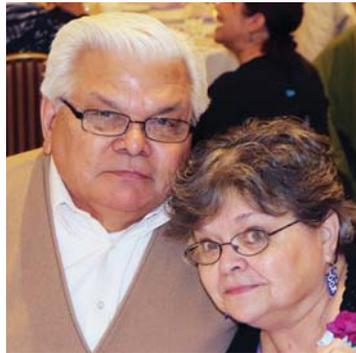
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homelands, completed the construction of a new Courthouse, established a more spacious and convenient location for its language program, and preserved Oneida culture through partnerships with the Museum of the American Revolution and the Smithsonian Institution's National Museum of the American Indian in Washington, DC.

The Nation also invested heavily in the health and well-being of its Elders with the introduction of a new Nation health care card designed to make accessing health services as quick and easy as possible. Elders' health care remains a top priority.

To that end, the buffet for the Elders Dinner featured many healthy options.

Several attendees raved about the Waldorf salad, which was made up of different fruits and nuts such as apple slices, grapes and walnuts with lettuce and a yogurt dressing. For sides, there were whipped potatoes, quinoa pilaf and, of course, traditional corn soup. The main courses featured a perfectly cooked London broil with mushrooms,



Carl Fogelberg (Turtle Clan) and Sandra LeClaire.



Jenny Ernenwein (Turtle Clan), Shirl Oatman (Turtle Clan) and guest, Owen.



Standing, left to right: Paul Ordiway (Turtle Clan), Maija McLaughlin (Turtle Clan). Sitting, left to right: Gloria Kopp (Turtle Clan), Melissa McCann (Turtle Clan) and guest, Val.

herb roasted chicken and roasted turkey with Three Sisters succotash.

Melissa McCann (Turtle Clan) enjoyed attending the dinner with several family members.

"It's great being with family," she said after posing for a photo with a few of her cousins. "And the food is always delicious. The London broil was excellent."

Desserts were also in high demand. There were

Cannoli pops, a peach blackberry upside down cake and a sugar-free espresso mousse. Entertainment for the dinner was provided by the Aaron Velardi Duo, a pianist and bassist playing jazz and pop standards.

Events that acknowledge and celebrate the Nation's Elders are an important part of Oneida culture. The accomplishments made over the years are the result of their perseverance and dedication to improve the lives of future generations. ❖

ONYOTA'A:KÁ:

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TOLL-FREE MEMBER PHONE LINE 1.800.685.6115

Nation Council Meetings are held the first Tuesday of every month at 10:30 a.m., Nation Council House, Oneida Territory via Route 46 South, Oneida, NY
For further information contact: The Oneida Indian Nation, P.O. Box 1, Vernon, NY 13476, or visit us on the web: www.OneidaIndianNation.com

DOING BUSINESS ON NATION LAND

The Oneida Nation has developed a website for use by any business who does business on Nation lands and collects Oneida Indian Nation Sales Tax to remit the taxes to the Nation online. If you have a business on Nation land or are thinking about starting one up, contact the Nation's Department of Taxation at 315-366-9393 for assistance. They can help answer any questions and provide training on the website's use.



Social dancing was enjoyed by many during the 23rd annual Three Sisters Dinner held March 7.

Annual Three Sisters Dinner Goes Further with Food

On a snowy evening in early March, Oneida Members and their guests celebrated the sustainers of life – corn, beans and squash – at the 23rd annual Three Sisters Dinner at the Turning Stone Resort Casino’s Shenendoah Clubhouse. The annual dinner sponsored by the Oneida Indian Nation’s Health Services Yukwata’kali:ték Diabetes Program is designed to increase awareness of the prevalence of diabetes in American Indians. The Oneida Nation offers events like the Three Sisters Dinner to empower those affected by or are at risk for diabetes and educate them on how to take control of their health, said Mollie



Several educational stations were set up for guests to visit during the Three Sisters Dinner.

Tracy, the Nation’s Diabetes Program Coordinator.

The theme for this year’s dinner was “Go Further with Food” in recognition of National Nutrition Month, which promotes healthy eating habits in ways that also help to avoid food waste. Attendees received a packet at check-in that included important information regarding heart disease, heart health and diabetes. They also received special Three Sisters recipes and seed packets to plant vegetables in their own home gardens.

“I remember getting these [seed packets] way back when,” Deb Montroy (Turtle Clan) said when she sat down at her table. “It’s great that we’re continuing the tradition of the Three Sisters dinner and it’s always fun seeing old friends.”

Educational stations were set up where Health Services staff were measuring blood sugar, giving blood pressure screenings and advice on managing health – and one station featured a Turning Stone chef demonstrating how to properly cut and deconstruct a chicken; another

way to go further with food.

After the station activities, Onyota’a:ká: language student Chelsea Jocko (Wolf Clan) recited the Thanksgiving Address before guests enjoyed the buffet-style dinner.

With all the healthy options available, attendees were introduced to new ways to create meals that are both filling and delicious. Bison and Turkey sliders were the main course with tasty zucchini fries. Barb George-Winton (Wolf Clan) also supplied the traditional corn soup for the dinner. Other soups included a venison stew and a veggie option.

Placemats at each seat gave more details and tips on how to go further with food from the Academy of Nutrition and Dietetics. Among those tips are buying only the amount of food you can eat or freeze within a few days, transition leftovers into soups, salads or sandwiches, and place food that can spoil quickly within easy sight in the refrigerator.

Eating smart and healthy is just one way to take control of your health. Taking a walk, exercising regularly, and even laughing every day are great ways to maintain a healthy mind and heart. Elder Larry Gabriel (Turtle Clan) enjoys attending these events and sharing laughs with his children, Jeff and Laurie.

“I go because my kids love to go,” Larry said after the dinner. “The events are always special.”

After the dinner, Chris Thomas led attendees in several social dances

including the corn dance, the women’s dance and the round dance to conclude the night. The Oneida Indian Nation’s Health Services and Diabetes Program continue to provide the best care and resources for Members and their families. ❖



Larry Gabriel



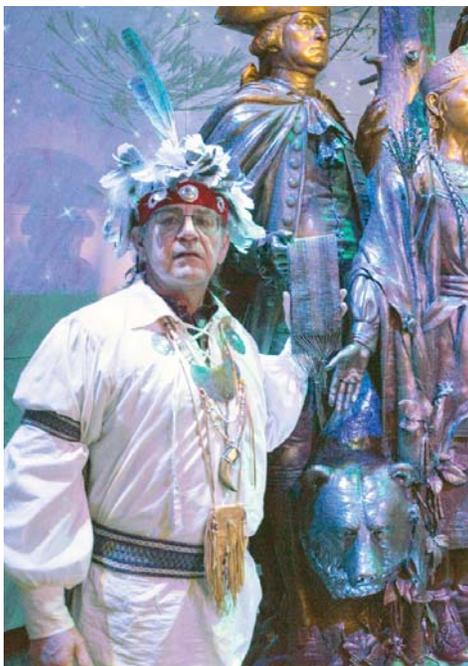
Nation Exhibit

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oversimplify how this great country was founded,” said Ray Halbritter, Oneida Nation Representative and Nation Enterprises CEO at a recent dedication ceremony. “This exhibit commemorates the friendship that was forged between the Oneida Nation and the United States during the Revolutionary War, as well as the incredible sacrifices made by our ancestors during the founding of our country.”

In 2002, the Oneida Nation pledged \$10 million over a multi-year time frame to the Museum, and this latest investment is in keeping with Oneida traditions.

“We are pleased to continue our partnership with the Smithsonian’s National Museum of the American Indian. This museum not only gives the Oneida Nation, but all American Indian nations, the opportunity to share their story accurately and completely,” said Halbritter.



Brian Patterson poses next to the statues, touching the Two Row wampum belt held by George Washington.



‘Allies in War, Partners in Peace,’ is a nearly 20-foot-tall bronze statue originally gifted to the museum in 2004.

The Nation originally donated the statue to commemorate the opening of the museum in 2004. Created by Edward Hlavka from St. George, Utah, “Allies in War, Partners in Peace” stands nearly 20 feet tall and weighs 1,925 pounds. The statue, which depicts Oneida Chief Skenandoah and an Oneida woman, Polly Cooper, standing alongside Gen. George Washington in honor of the interminable bond between the two nations, now features a new eight minute narration and short film that fills the entire gallery from floor to ceiling. The gallery can be found on the fourth floor of the museum, named in honor of the Oneida Nation.

“With the Oneida’s gift, the Smithsonian’s National Museum of the American Indian is able to animate this story in a compelling way for our visitors,” said Kevin Gover, Director of the Museum. “We are ever grateful for their generosity.”

Oneida Nation Bear Clan Council Member Brian Patterson attended the dedication and hopes those that

experience the exhibit will leave with a deeper understanding of the Oneida Nation, past and present.

“I am drawn to the exhibit with fond memories of Bear Clan Mother Marilyn John, who would sit there for hours watching and listening to visitors’ reactions to the monument,” Brian said. “She would then talk to them and share the story of the Oneida Nation and our role in the Revolutionary War, bringing our history to life.”

Now, with the new immersive experience added to the statue, that era is brought to life once again. “The voices, songs and imagery make it an unforgettable experience,” he said. “It will always hold a special place in my heart.”

Visitors will learn the incredible story of Polly Cooper, who was one of a group of Oneida that walked hundreds of miles from their central New York home to Valley Forge to bring vital supplies and life-saving white corn to the soldiers of Washington’s Continental Army.



The statue can be found on the fourth floor of the museum, next to the “Nation to Nation: Treaties Between the United States and American Indian Nations,” exhibit.

side, and visions of hope for the future. Incorporated in the space is an assistive listening system for the visually impaired.

The new presentation of “Allies in War, Partners in Peace” is made possible by support from the Oneida Nation. Promoting awareness through education is just one asset of the Museum of the American Indian, and through its programming and exhibits, the Oneidas and other American Indian people can now tell their story in their own voices. It is the Oneida Nation’s hope that those voices will resonate, greeting the seventh generation to come with a world that better understands what it means to be an American Indian.

“We have heartfelt gratitude for Museum Director Kevin Gover and the entire staff for helping to bring our honorable story to life,” Brian said in recognition of the Smithsonian and its staff. “We are extremely proud of the ‘Allies in War, Partners in Peace’ exhibit at the museum and encourage anyone who visits the museum to see it.” ❖

Cooper remained at Valley Forge to aid the troops and would not accept payment for her services. Chief Skenandoah, as the keeper of the wampum and inaugurator of government-to-government agreements, played a pivotal role in the decision to side with the colonists and is held in great esteem by the Nation to this day.

Wilson Stevens (Bear Clan) also attended the dedication in Washington, D.C. with his wife and granddaughter.

“It’s amazing,” Wilson said looking back on the ceremony. “It was my third time seeing the statue and the new



Wilson Stevens

presentation is very well done. It’s much more interactive, which is great because a lot of people walk in and look, but can’t relate to its significance.”

More than 125 specialty lights illuminate the myriad symbols incorporated in the statue. Six digital projectors cover the curved walls

of the fourth-floor alcove with images of the indigenous landscape filled with flora and fauna, battle scenes of the Oneida and Americans fighting the British side-by-



Nation Representative Ray Halbritter observes the ‘Allies in War, Partners in Peace’ statue at the National Museum of the American Indian in Washington, D.C.



Health Services Medical Call Center

Medical Call Center is a service that will give registered patients the option of talking to a registered nurse about medical concerns when Health Services is closed.

With Medical Call Center, medical and dental patients can call Health Services anytime the office is closed to talk to a registered nurse, who will “triage” the call and suggest options for care. When a call is triaged it means a registered nurse will talk to the patient and assess their symptoms or health concerns and offer advice for follow up.

Examples of the types of calls that the nurse is authorized to triage:

1. Recommending the patient go to the emergency room or urgent care.
2. Advising the patient to follow up with Health Services on the next business day to make an appointment.
3. Suggest over-the-counter medications until the patient can be seen at Health Services or if the situation requires, an emergency room or urgent care visit.

The Medical Call Center is not to be used for medical emergencies, prescription refills, or to make or cancel appointments. For more information, contact Lisa Winn, Admissions Supervisor, at (315) 829-8715 or 1-800-663-4324. ❖

New Therapy Offered at Behavioral Health Services

A new therapy is now being offered at Behavioral Health Services called EMDR (Eye Movement Desensitization and Reprocessing). EMDR is a psychotherapy that enables people to heal from the symptoms and emotional distress



Jill Gustin

that are the result of disturbing life experiences. The new therapy is provided at Health Services by Jill Gustin, LMFT (Licensed Marriage and Family Therapist), who recently completed extensive training at Syracuse University in EMDR.

EMDR is now widely recognized as a first line treatment of trauma. This therapy method has been shown to successfully treat conditions such as post traumatic stress disorder, phobias, panic disorders, obsessive compulsive disorder, generalized anxiety and complicated grief.

EMDR therapy has been utilized to successfully treat individuals dealing with trauma, victims of abuse, accident survivors, victims of violence and first responders. This therapy method has also been effective with many additional types of psychological stressors in addition to those listed above.

Jill is currently working with the EMDR International Association (EMDRIA) to obtain certification, which requires outside supervision from an EMDRIA approved consultant, two years of experience providing EMDR to patients, and professional recommendations from others in the field. She is currently engaged in the rigorous

Eye Movement Desensitization And Reprocessing

EMDR

process of becoming EMDR certified through the EMDRIA Association.

If you have any question or feel that you would benefit from this type of therapy, please call Health Services at (315) 829-8700 or 1-800-663-4324.

Health Services clients also have access to other programs administered by Behavioral Health Services and Pathways Case Management. These services include: mental health counseling (individual, couples, family and group), assessment, diagnosis, treatment planning and ongoing therapy. Other specialized therapies such as auricular acupuncture, guided imagery and art therapy are often used in these programs. ❖

Behavioral Health Services

2057 Dream Catcher Plaza, Oneida
Hours: Mon. 8:30 a.m. – 7 p.m.,
Tues. – Fri. 8:30 a.m. – 5 p.m.



Pneumococcal Vaccine

The Prevnar 13 pneumococcal vaccine is available to eligible Health Services clients, by appointment. Age and other restrictions apply. For more information or to schedule an appointment, call (315) 829-8700 or 1-800-663-4324.

ADMINISTRATION ❖ EDUCATION ❖ HEALTH SERVICES ❖ RECREATION ❖ COMMUNITY SERVICES

GP&S Programs are for Oneida Members, Children of Enrolled Oneidas and Health Services clients only, unless otherwise noted.

Hands-On Project Keeps Jr. YAP Participants Busy

What does Earth Day mean to you? Plants, trees! Picking up litter! Those were the popular answers from participants in the Oneida Nation Recreation Department's Junior Youth Ambassadors Program when posed the question during an environmentally-themed activity April 19.

In recognition of Earth Day, youth crafted little green creations of their own that featured low-maintenance succulents tucked carefully into mini terrariums with mulch, potting soil and decorative stones. Under the careful direction of Donna Howe, Youth Programs Coordinator, the activity was completed quickly as the kids' thoughts surely turned towards Spring Break, even while snow flurries filled the skies outside.

Earth Day is Sunday, April 22. Hopefully the weather will cooperate with Javlyn Aregano's (Turtle Clan) thoughtful plans to pick up trash on Earth Day, something she even wrote down as one of her monthly goals in her planner.



Participants in Junior YAP pose with their completed terrariums.

With the project completed, next came ideas on what to do with the cute little terrariums. We'll just say there's a good chance several moms will be receiving a special gift this Mothers' Day.

Junior YAP is open to Nation Members, Children of Enrolled Members and Health Services clients in grades 3 – 6. The group meets twice a month on Thursday evenings at the Rec Center. For more information on all of the Oneida Nation's youth development programs, contact Donna Howe at (315) 829-8484.

Recreation and Education Department Summer Programs

The Recreation and Education departments are gearing up for their annual summer programs, Youth Work Learn and Summer Jam, which will be held July 9-Aug. 17.



Youth Work Learn

Youth Work Learn gives American Indian youth the opportunity to learn job skills and requirements of various career options for their future. The program is open to 13-year-old and older Oneida Nation Members and American Indian youth ages 14-20 years old. Work crews for each age group will be assigned to various Oneida Nation service locations.

For more information contact Randy Phillips at (315) 829-8206.

Summer Jam

The Summer Jam Program is open to Oneida Indian Nation Members, Children of Enrolled Oneidas and Health Services clients who will be entering grades 3-7 in September 2018.

Registration begins June 1 and is \$50 per student. Oneida Nation Members will be given registration priority until June 15.

Summer Jam offers hikes, beach and field trips, the First Tee Program and guest presenters.

For more information, contact Donna Howe at (315) 829-8484. ❖

Kids' Day 2018: Celebrating 25 Years

"Kids' Day Through the Years" is the theme for the 25th annual event, to be held Wednesday, June 27 at the C&E Center from 11 a.m. to 1:30 p.m.

A large display will be set up in the C&E lobby of photos from Kids' Day over the years. Take a walk down memory lane and see if you can spot yourself or a family member in the assortment.

New to Kids' Day this year are a photo booth with props, cotton candy time machine and hiking trail, plus returning favorites such as grilled hot dogs, smoothies, child ID kits, airbrush face painting, a DJ and recreation games.

Goody bags and prize tickets will be handed out at the registration desk at the C&E lobby to children up to age 16. Prize drawings will be held throughout the day; must be present to win.

Nation Members, Children of Enrolled Oneidas and Health Services clients and their families are welcome to attend.

If it rains, Kids' Day will be held inside the C&E Center in the Elders dining room. For more information, contact Pat Catalano at (315) 829-8215 or 1-800-685-6115. ❖



Oneida Indian Nation
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Welcome to the new format of *The Oneida*. This redesigned newsletter will still bring you the same great information about Oneida Nation news and information, and coverage of Government Programs and Services events and happenings.

Also, be sure to check out www.OneidaIndianNation.com for the latests news, information and more about the Oneida Nation.

SAVE THE DATES ...

Wednesday, June 27 - 25th Annual Kids' Day, 11 a.m. - 1:30 p.m.

C&E Center, Info: (315) 829-8215 or 1-800-685-6115

Sunday, July 15 - Oneida Member Picnic, Noon to 6 p.m. @ Peaceful Pines

Oneida Nation Members - watch mail for invitation



Jr. YAP Earth Day Terrarium Project

(see story pg. 7)



Above: Emma Wilkins studies the directions.
 Below: MaeLynn Wilkins and Meadow Liddiard.



Above: Kowahla:wí Hill, Madison Pendell and Javlyn Aregano dig in.



Above: Daelyn Cousineau and Meadow Liddiard show off their creations.

Right: Madison Pendell