



Government Programs & Services Elders Program

5000 Skenondoa Way, Oneida, NY 13421

Program Hours

Monday - Friday 8:30 a.m. - 5 p.m.
1-800-685-6115 or (315) 829-8135

Sept. 2018

Yeyathókwas
“yea yun toe gwas”
One Harvests

September Highlights

Welcome Fall! We wrapped up summer, now it's time for cool nights, big sweaters, pumpkin spice and fall foliage. We have some shopping to do before our big trip to Mohegan Sun. We also have bingo to play, the theater, apple picking, apple dessert contest and a bunch of favorite activities this month. Our much anticipated trip to Mohegan Sun in Connecticut will be here before we know it. We have a fun trip within a trip planned for those who would like a little side adventure. Our ever popular shuffleboard and pitch tournaments are scheduled this month. Also, looking ahead - save the date for the "Living In Health & Harmony" event on Oct. 3 at the gym. It is sure to be a fun time for all. Happy September everyone.

Program Coordinator

Kathy Willard

Activities Leader

Tammy Patterson

Elder Home Respite Aide

Jeanne Dee Northington

Bus Driver

Brody Payne

Senior Cook

Charisse Gibson

Cooks

Melanie Stover

Nancy Stratton

Education Programs

Sr. Mgr.

Brenda Hicks

Oneida Nation Council

Ray Halbritter

Keller George

Chuck Fougner

Brian Patterson

Pete John

Clint Hill

Dale Rood

Kim Jacobs

Commissioner of Nation Administration

Caregiver's Support Group

Our caregiver's support group, Teyakhíshnyehe' (day ya keesh nay, "We Take Care of Them") is an ideal place to share concerns and feelings with others who understand and can offer solutions and emotional support in a confidential setting. This month's meeting will be on Wednesday, Sept. 26 at 11:45 a.m. at the Cookhouse. If you are providing primary care for an Elder and would like some helpful information, contact Jeanne Dee Northington at (315) 829-8330.

Elders Home Respite Services

Jeanne Dee Northington provides home respite services to Nation Elders that may help them remain independent and in their own homes. Jeanne provides shopping assistance, light housekeeping and companionship to Elders who have no one else available to assist them. She also visits Elders in local hospitals and nursing homes to help keep them connected to the Oneida community. In addition, Jeanne provides home delivered lunches in the Village of the White Pines and on the Territory. If you or an eligible loved one are in need of Home Respite Services please call Jeanne at (315) 829-8330.

**Hair Salon
appointments
Mondays,
Wednesdays and
Fridays - Call
for an
appointment.**

For questions about any of the following Elders activities, contact Kathy Willard, elders program coordinator, at (315) 829-8133 or 1-800-685-6115.

Albany Shopping Trip

We will head to Colonie Center shopping mall in Albany on Friday, Sept. 7 to get those last minute items you may need for the Mohegan Sun trip. The bus leaves the Center at 9 a.m.

Apple Picking at Beak & Skiff

Our annual trip to Beak & Skiff is on Tuesday, Sept. 11. Go out into the orchard and pick your own apples or choose to purchase them at the gift shop. Don't forget about the delicious apple cider and doughnuts! The bus leaves the Center at 9 a.m.



Please call the kitchen to sign up for lunch 24 hours in advance. The kitchen phone number is 315-829-5154.

If you can't make it to the Center to sign up for an activity, please call Kathy at 315-829-8133. She will be happy to sign you up.



Bingo at TSRC

BINGO! Join Tammy as she takes the Elders to enjoy a day of bingo at Turning Stone Resort and Casino. The bus leaves the Center at 11 a.m. on Monday, Sept. 10.

Jewett's Cheese House

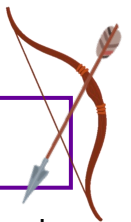
Jewett's Cheese House has a huge variety of cheeses to choose from. They also have many other items such as candles, crackers, honey, candy, pet treats and goat soap just to name a few. The bus will be leaving the Center at 9 a.m. on Thursday, Sept. 27.

Merry-Go-Round Theater

We will be going to see *Murder for Two* at the Merry-Go-Round theater in Auburn. Everyone is a suspect in this smart, fast-paced 90 minute musical comedy whodunit. The bus leaves the Center at 12:30 p.m. on Wednesday, Sept. 12.

Warrior Archery

Try your archery skills at Warrior Archery located at the Oneida Heritage building in Sherrill. Beginners are always welcome. Bus leaves the Center at 1 p.m. on Thursday, Sept. 27.



**Celebrate
Monthly
birthdays
with us
during lunch
on Thursday,
Sept. 13**

Syracuse Regional Market

Our monthly trip to the CNY Regional Market will be on Thursday, Sept. 13. Mollie Tracy will meet us there and give us excellent tips and nutritional information on all the items offered. Make sure to wear your walking shoes. The bus leaves the Center at 9 a.m.



Living in Health & Harmony

Paraffin wax dips, cooking demos, prize drawings, putting contest...this and much more will be happening at "Living In Health & Harmony" on Wednesday, Oct. 3 from 4-7 p.m. at the Nation gym. The evening is devoted to all types of wellness topics for guys and gals, and is sure to be educational and fun! Shuttle service will be provided from the Center to the gym. More details to come!

