February 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. PIZZA CUCUMBER & TOMATO SALAD
4. VEGETABLE SOUP PBJ ON WHEAT	5. TORTELLINI ALFREDO ITALIAN BLEND VEGGIES	6. HAWAIIAN CHICKEN SLIDER RICE BROCCOLI	7. SOFT BEEF TACOS LETTUCE, CHEESE, SOUR CREAM, SALSA CORN CELEBRATE BIRTHDAYS	8. CHEESEBURGER ON A BUN LETTUCE, TOMATO, ONION SEASONED DICED POTATOES THREE BEAN SALAD
11. GOULASH BROCCOLI	12. CHICKEN PARM W/SIDE OF SPAGHETTI CALIFORNIA BLEND VEGGIES	13. HEALTHY HEART LUNCH 	14. POT ROAST W/GRAVY WHIPPED POTATOES BABY CARROTS 	15. TUNA NOODLE CASSEROLE GREEN BEANS
18. CLOSED 	19. TOMATO SOUP GRILLED CHEESE GREEN BEANS	20. MEATBALL SUBS SWEET POTATO FRIES	21. PESTO CHICKEN MIXED VEGETABLES RICE PILAF	22. MACARONI & CHEESE BROCCOLI
25. ITALIAN WEDDING SOUP WHEAT ROLL	26. CHICKEN POT PIE WHEAT BREAD STICKS	27. TUNA SALAD ON A BED OF LETTUCE & TOMATO ROLL	28. SLOPPY JOE'S SWEET POTATO FRIES	

Elder's lunch is served at noon. Menu is subject to change. Milk, juice, coffee, tea, salad and fruit available daily. Reservations must be made a day in advance. An alternative lunch is offered every day of either PB&J, cheese or turkey sandwich. Please let the kitchen staff know if you would like an alternative by calling 315-829-8154 by 9:30 a.m. Fresh fruits and healthy desserts will be on the salad bar daily.