



Government Programs & Services Elders Program

5000 Skenondoa Way, Oneida, NY 13421

Program Hours

Monday - Friday 8:30 a.m. - 5 p.m.
1-800-685-6115 or (315) 829-8135

October 2019

Yutékhwayáhe'
"yune *dake* why yun"
One Is Storing Food

October Highlights

Program Coordinator

Kathy Willard

Activities Leader

Tammy Patterson

Elder Home Respite Aide

Jeanne Dee Northington

Bus Driver

Senior Cook

Charisse Gibson

Cooks

Melanie Stover

Nancy Stratton

Education Programs

Sr. Manager

Brenda Hicks

Oneida Indian Nation Council

Ray Halbritter

Keller George

Chuck Fougner

Brian Patterson

Pete John

Clint Hill

Dale Rood

Commissioner of Nation Administration

Kim Jacobs

Fall is here! Cooler weather, apple cider and pumpkin spice. We have many activities planned for October. An Indian Taco Sale will start things off, then a trip to Chuck Hafner's farm to pick pumpkins. We have a day trip to Villa Roma Resort and a very scary haunted hay ride. Let's see if we can figure out whodunit at the Delta Lake Murder Mystery Dinner. Warm up your oven and cook up your best pumpkin dessert for the pumpkin dessert contest. Better start planning a costume for our annual Halloween costume contest. We finish off the month with trick-or-treating for the community kids. It is going to be a fun packed month. Looking ahead, be sure to mark your calendar for our annual Thanksgiving Lunch on Nov. 8.

Happy Fall Everyone!

Caregiver's Support Group

Our caregiver's support group, Teyakhíshnyehe' ("day ya keesh nay" We Take Care of Them) is an ideal place to share concerns and feelings with others who understand and can offer solutions and emotional support in a confidential setting. The next meeting will be on Wednesday, Oct. 30 at Recovery Sports Grill at 11:45 a.m. If you are providing primary care for an Elder and would like some helpful information, contact Jeanne Dee Northington at (315) 829-8330 or 1-800-685-6115.

Elders Home Respite Services

Jeanne Dee Northington provides home respite services to Nation Elders that may help them remain independent and in their own homes. Jeanne provides shopping assistance, light housekeeping and companionship to Elders who have no one else available to assist them. Jeanne also visits Elders in local hospitals and nursing homes to help keep them connected to the Oneida community. In addition, Jeanne provides home delivered lunches in the Village of the White Pines and on the Territory. If you or an eligible loved one are in need of Home Respite Services please call Jeanne at (315) 829-8330 or 1-800-685-6115.



**Hair Salon
appointments
Mondays,
Wednesdays and
Fridays - Call
for an
appointment.**



For questions about any of the following Elders activities, contact Kathy Willard, elders program coordinator, at (315) 829-8133 or 1-800-685-6115.

Please Note

Until we hire a new driver, space will be limited for all bus trips. The van can accommodate 9 Elders and 2 staff. If the van is full and you are willing to drive yourself, you are welcome to join us on the outings.

Haunted Hay Ride

Are you ready for a scary hay ride? Join us for the award winning 13th Hour Rising Haunted Hay Ride in Fulton. This will not be for the faint of heart. The van will leave the Center at 5:30 p.m. on Friday, Oct. 11. We promise it will be a spooktacular time!

Fresh Air Walkers

We are offering Elders a new walking program: Fresh Air Walkers. Weather permitting we will walk around Mt. Hope Reservoir. If weather is an issue we will meet at Turning Stone and walk a route inside. Fridays in October at 8:45 a.m.

Villa Roma Day Trip

We are trying something new with a day trip to Villa Roma Resort in the Catskills. After lunch we will watch the Barry Manilow Tribute Show. The bus will leave the Center at 7 a.m. on Tuesday, Oct. 15.



**PLEASE!
NOTE**

Please call the kitchen to signup for lunch 24 hours in advance. The phone number is 315-829-8154. If you can't come to the Center to signup for an activity, please call Tammy Patterson at 315-829-8135. She will be happy to sign you up.

Indian Taco Fundraiser

The Nation Elders will be holding an Indian Taco fundraiser on Friday, Oct. 4. The cost is \$8; dine in or take out. We will serve from 11 a.m. - 1 p.m. You can sign up at the Center or contact Gail at (315) 829-8155.

A Taste of Autumn

Can you eat your way to better health? Learn more at A Taste of Autumn Wellness & Craft Fair on Wednesday, Oct. 23 from 4 -7 p.m. at the dining room. Turning Stone Chefs will serve delicious fall favorites, packed with nutrients. You can also make your own herbal tea, create crayon art, have your blood sugar tested, experience farm-to-table eating, establish personal goals, learn about home safety, canning, emotional health and much more. Gift basket drawings will end the evening. Sponsored by Gov't Programs & Services.

Chuck Hafner's Farm

Join us on Thursday, Oct. 10 when we go to Chuck Hafner's farm in North Syracuse to pick out pumpkins. Hafner's also offers a variety of plants, produce and decorations for all your fall needs. Make sure to pick out a pumpkin for our pumpkin carving contest on Halloween day. The van will leave the Center at 9 a.m.

Trick or Treat

On Thursday, Oct. 31 at 5 p.m. the Elders will give out treats to children in the community. We had a fantastic turnout last year. Come and see all the wonderful costumes.

**Celebrate
monthly
birthdays
with us
during lunch on
Thursday, Oct. 10**

