



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. SPANISH RICE CAULIFLOWER	2. GARLIC PARMESAN PASTA W/CRISPY CHICKEN BROCCOLI	3. HOMEMADE MINSTRONE SOUP WHEAT ROLL	4. INDIAN TACO FUNDRAISER  EVERYONE INTERESTED WILL PURCHASE MEAL THIS DAY
7. SPAGHETTI SAUSAGE BROCCOLI	8. HOMEMADE MEAT LOAF SEASONED POTATOES ROASTED VEGGIES	9. HOMEMADE CARIBBEAN TURKEY STEW BISCUIT	10. CREAMY WHITE CHICKEN CHILI CARROTS CELEBRATE BIRTHDAYS	11. CHEESE PIZZA ON A WHOLE GRAIN CRUST TOSSED SALAD
14. TURKEY & CHEESE PINWHEELS THREE BEAN SALAD	15. HOMEMADE CHICKEN NOODLE SOUP WHEAT ROLL	16. BAKED HAM HOMEMADE BUTTERNUT SQUASH W/APPLES AND CRANBERRIES	17. SWEDISH MEATBALLS OVER EGG NOODLES YELLOW BEANS	18. TURKEY HOT DOG ON A WHEAT BUN, SWEET POTATOES
21. CHICKEN STUFFING CASSEROLE BRUSSELS SPROUTS	22. BAKED ZITI CAULIFLOWER	23. NO LUNCH HOME DELIVERIES WILL STILL BE MADE	24. EGG SALAD ON A BEAD OF LETTUCE GREEN BEANS	25. SALMON ASPARAGUS
28. MACARONI & CHEESE BROCCOLI	29. CHICKEN TACOS LETTUCE, CHEESE, SALSA, SOUR CREAM CORN	30. SLOPPY JOE ON A WHEAT BUN SWEET POTATO FRIES	31. TOMATO SOUP HAM SALAD SANDWICH ON WHOLE WHEAT GREEN BEANS	

Elders lunch is served at noon. Menu is subject to change. Milk, juice, tea, coffee, salad, fresh fruit and healthy desserts will be on the salad bar daily. Reservations must be made a day in advance. An alternative lunch is offered every day of either PB&J, cheese or turkey sandwich. Please let the kitchen staff know if you would like an alternative lunch by calling (315) 829-8154 BY 9:00 a.m.