

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JANUARY 2020 Elder's Menu		1 NEW YEARS DAY	2 OPEN FACE TURKEY SANDWICH WITH HOMEMADE GRAVY CAULIFLOWER	3 HOMEMADE RIGATONI MEATBALL SOUP GREEN BEANS
6 SHEPHERD'S PIE TOSSED SALAD	7 CHICKEN & BISCUITS	8 ROASTED VEGETABLE PASTA w/BEANS BROCCOLI	9 BAKED HAM, SCALLOPED POTATOES, CARROTS & CRANBERRIES CELEBRATE BIRTHDAYS	10 TACO SALAD CORN
13 CONEY ON A WHEAT ROLL SWEET POTATO FRIES	14 TOMATO SOUP GRILLED CHEESE ON WHEAT GREEN BEANS	15 CHEESY BEEF CASSEROLE CARROTS, PEAS, CORN WHEAT ROLL	16 BAKED GARLIC CHEDDAR CHICKEN BROWN RICE SUGAR SNAP PEAS	17 CHEESE PIZZA ON WHOLE GRAIN CRUST CUCUMBER & TOMATO SALAD
20 CLOSED Martin Luther King Day	21 SWEDISH MEATBALLS OVER EGG NOODLES CARROTS	22 HAM & CHEESE ON WHEAT FIESTA CORN	23 HOMEMADE MEAT LOAF SEASONED POTATOES ASPARAGUS	24 MACARONI & CHEESE BROCCOLI
27 CHEESEBURGER ON A WHEAT BUN LETTUCE & TOMATO SWEET POTATO FRIES	28 SPANISH RICE CAULIFLOWER	29 HOMEMADE CREAM OF BROCCOLI SOUP WHEAT BUN	30 HOMEMADE CHICKEN PATTY ON A WHEAT BUN WITH LETTUCE & TOMATO	31 STUFFED SHELLS BRUSSELS SPROUTS

ELDERS LUNCH IS SERVED AT NOON. MENU IS SUBJECT TO CHANGE. MILK, JUICE, TEA, COFFEE, SALAD, FRESH FRUIT AND HEALTHY DESSERTS AVAILABLE DAILY. RESERVATIONS MUST BE MADE A DAY IN ADVANCE. AN ALTERNATIVE LUNCH IS OFFERED EVERY DAY OF EITHER PB&J, CHEESE OR TURKEY SANDWICH. PLEASE LET THE KITCHEN STAFF KNOW IF YOU WOULD LIKE AN ALTERNATIVE BY CALLING (315) 829-8154 BY 9:00 A.M.