








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>   <div> <b>FEBRUARY 2020</b>  <b>Elders Lunch Menu</b>  </div>   </div>				
<b>3.</b> GOULASH BROCCOLI	<b>4.</b> SOFT BEEF TACOS LETTUCE, CHEESE, LITE SOUR CREAM & SALSA CORN	<b>5.</b> CREAMY WHITE CHICKEN CHILI CORN MUFFIN CARROTS	<b>6.</b> TORTELLINI ALFREDO CARROTS, CAULIFLOWER ROMANO BEANS LIMA BEANS	<b>7.</b> FISH SANDWICH COLE SLAW SWEET POTATO FRIES
<b>10.</b> VEGETABLE SOUP PB&J ON WHEAT	<b>11.</b> CHICKEN PARMESAN W/SIDE OF WHOLE WHEAT SPAGHETTI SPINACH	<b>12.</b>  <b>HEALTHY HEART LUNCH-WEAR RED DAY</b>	<b>13.</b> POT ROAST WHIPPED POTATOES BABY CARROTS  <b>CELEBRATE BIRTHDAYS</b>	<b>14.</b> CHICKEN PATTY ON A WHEAT BUN, LETTUCE & TOMATO MACARONI SALAD  
<b>17.</b> <b>PRESIDENTS DAY CLOSED</b>	<b>18.</b> TOMATO SOUP GRILLED CHEESE ON WHEAT PEAS	<b>19.</b> SLOPPY JOE SEASONED DICED POTATOES CUT GREEN BEANS	<b>20.</b> PESTO CHICKEN STEWED TOMATOES RICE PILAF	<b>21.</b> PIZZA ON WHOLE GRAIN CRUST TOSSED SALAD
<b>24.</b> MACARONI & CHEESE BROCCOLI	<b>25.</b> MEATLOAF BAKED POTATOES SAUTÉED ZUCCHINI & SQUASH	<b>26.</b> TURKEY SANDWICH ON WHEAT CUCUMBER & TOMATO SALAD	<b>27.</b> PORK TENDERLOIN MASHED POTATOES SLICED CARROTS	<b>28.</b> TUNA NOODLE CASSEROLE WHOLE GREEN BEANS
ONEIDA INDIAN NATION ELDER'S LUNCH IS SERVED AT NOON. MENU IS SUBJECT TO CHANGE. MILK, JUICE, COFFEE, TEA, SALAD, FRESH FRUIT AND HEALTHY DESSERTS AVAILABLE DAILY. RESERVATIONS MUST BE MADE A DAY IN ADVANCE. AN ALTERNATIVE LUNCH IS OFFERED EVERY DAY OF EITHER PB&J, TURKEY OR CHEESE SANDWICH. PLEASE LET THE KITCHEN STAFF KNOW IF YOU WOULD LIKE AN ALTERNATIVE BY CALLING (315) 829-8154 BY 9:00 A.M.				