

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 9:00 Salon Appointments 11:00 Language Corner 1:00 Crochet / Tatting</p>	<p>3 10:00 YOGA 1:00 Program meeting 2:00 Stretching With Jeanne 2:30 Healthy food samples and information</p>	<p>4 9:00 Open Sewing 1:00 Beading Instruction</p>	<p>5 9:00 Cleaning Raised Garden Bed 1:00 Wii Bowling</p>	<p>6 9:00 Salon Appointments 9:30 Fresh air walkers 10:00 Brunch at Emerald Restaurant Free time till 1:00</p>
<p>9 9:00 Salon Appointments 11:00 Language Corner 1:00 Afternoon Craft Tea</p>	<p>10 10:00 YOGA 2:00 Stretching With Jeanne 2:30 Healthy food samples and information</p>	<p>9:00 Shuffle Board Tournament 1:00 Beading Instruction</p>	<p>12 9:00 Planting Seeds 1:00 Ceramics</p>	<p>13 9:00 Boscov's 9:00 Salon Appointments 9:30 Fresh air walkers</p>
<p>16 9:00 Salon Appointments 8:00-4:00 Elder's defensive Driving class</p>	<p>17 10:00 YOGA 1:00 Program meeting 2:00 Stretching With Jeanne 2:30 Healthy food samples and information</p>	<p>18 9:00 Open Sewing 1:00 Beading Instruction</p>	<p>19 9:00 Reginal Market 1:00 Pitch Tournament</p>	<p>20 9:00 Salon Appointments 9:30 Fresh air Walkers 1:00 Oneida Movieplex (Movie TBA)</p>
<p>23 9:00 Salon Appointments 9:00 Massage Therapy With Natalie 11:00 Language Corner</p>	<p>24 10:00 YOGA 2:00 Stretching With Jeanne 2:30 Healthy food samples and information</p>	<p>25 1:00 Beading Instruction 11:30 Caregivers Meeting Emerald Restaurant</p>	<p>26 9:00 Journal book Making 1:00 Ceramics</p>	<p>27 9:00 Salon Appointments 9:30 Fresh air walkers 1:00 Monthly Bingo</p>

30  
**Closed for Memorial Day**

31  
10:00 YOGA  
1:00 Program meeting  
2:00 Stretching With Jeanne  
2:30 Healthy food samples and information

