

Monday

Tuesday

Wednesday

Thursday

Friday

July



5
10:00 YOGA
12:30 Program Meeting
1:00 Stretching with Jeanne
2:00 Knitting or Crochet

6
9:00 Open Sewing
1:00 Beading Instruction

7
1:00 Pitch Tournament

8
9:00 Salon Appointments
9:30 Tandy Leather/
Christmas Tree Store

11
9:00 Salon Appointments
11:00 Language Corner
1:00 Water Color with
Birdy

12
10:00 YOGA
1:00 Stretching with Jeanne
2:00 Knitting or Crochet

13
9:00 Open Sewing
1:00 Beading Instruction

14
9:00 Regional Market
1:00 Ceramics

15
9:00 Salon Appointments
11:00 Beach Party at
Green Lakes

18
9:00 Salon Appointments
9:00 Massage Therapy
11:00 Language Corner
1:00 Visual Meditation

19
10:00 YOGA
12:30 Program Meeting
1:00 Stretching with Jeanne
2:00 Knitting or Crochet

20
9:30 Swistaks Blueberry
picking
1:00 Beading Instruction

21
1:00 Shuffle Board
Tournament
1:00 Ceramics

22
9:00 Salon Appointments
1:00 Zems Ice Cream
And Miniature Golf

25
9:00 Salon Appointments
10:00 Bingo TSCR
11:00 Language Corner

26
10:00 YOGA
1:00 Stretching with Jeanne
2:00 Knitting or Crochet

27
9:00 Open Sewing
1:00 Beading Instruction
11:30 Caregiver's Meeting
at Emerald Restaurant

28
1:00 Monthly Bingo

29
9:00 Salon Appointments
1:00 Corn Hole
Tournament