



Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed 	3 12:30 Program meeting 1:00 Chair Exercise 1:00 Knitting/Crochet	4 10:30 Visual Mediation and smudging 1:00 Beading Instruction with Wilma	5 9:00 Salon Appointments 1:00 Shuffle Board Tournament	6 9:30 Fresh air walkers 9:00 Finger Lakes Gaming Race Track
9 9:00 Massage Therapy 1:00 Open Sewing	10 1:00 Chair Exercise 1:00 Knitting/Crochet	11 9:30 Olde Kountry Market 1:00 Beading Instruction with Wilma	12 9:00 Salon Appointments 1:00 Ceramics	13 9:30 Fresh air walkers 11:30 Bowling at Green Lakes Lanes
16 Closed 	17 10:00 Make and Take Craft (Replica wampum bracelet small) 1:00 Chair Exercise 1:00 Knitting/Crochet	18 10:30 Visual Mediation and smudging 1:00 Beading Instruction with Wilma	19 9:00 Salon Appointments 1:00 Bingo in the dining Room	20 9:30 Fresh air walkers 10:30 Brunch & Movie Marquee Cinema
23 10:00 Bingo at TSCR	24 10:00 Make and Take Craft (Feather Hair Tie) 1:00 Chair Exercise 1:00 Knitting/Crochet	25 1:00 Beading instruction with Wilma	26 9:00 Salon Appointments 1:00 Ceramics	27 9:30 Fresh air walkers 1:00 Corn Hole Tournament
30 1:00 Open sewing	31 1:00 Chair Exercise 1:00 Knitting/Crochet	