

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 HOMEMADE BISCUITS AND SAUSAGE GRAVY MIXED VEGGIES FRUIT	3 VEGETABLE LASAGNA GARLIC BREAD FRUIT	4 CHICKEN CAESAR SALAD WHEAT ROLL FRUIT	5 POT ROAST WITH GRAVY MASHED POTATOES ASPARAGUS FRUIT	6 TURKEY SANDWICH ON WHEAT BROCCOLI WITH DIP BAKED CHIPS FRUIT
9 PULLED PORK ON A BUN SWEET POTATO FRIES FRUIT	10 CHICKEN RIGGIE'S HOMEMADE UTICA GREENS FRUIT	11 BEEF TIPS AND BROCCOLI OVER RICE FRUIT	12 FRESH ROMAINE FRUIT, & CHEESE SALAD WHOLE GRAIN MUFFIN	13 CHICKEN PATTY ON A BUN WITH LETTUCE & TOMATO CARROTS FRUIT
16 TACO CASSEROLE CUCUMBER & TOMATO SALAD FRUIT	17 BAKED HAM WITH PINEAPPLE SCALLOPED POTATOES ASPARAGUS FRUIT	18 HOMEMADE BEEF STEW BISCUIT FRUIT	19 BBQ CHICKEN POTATO SALAD THREE BEEN SALAD FRUIT	20 BAKED BREADED FISH SANDWICH ON A ROLL HOMEMADE COLE SLAW FRUIT
23 BAKED ZITI BRUSSEL SPROUTS FRUIT	24 HOMEMADE VEGETABLE SOUP EGG SALAD ON RYE FRUIT	25 PESTO CHICKEN RICE PILAF CAULIFLOWER FRUIT	26 HOMEMADE MEAT LOAF BAKED POTATO CALIFORNIA BLEND VEGGIES FRUIT	27 HOMEMADE NEW ENGLAND CLAM CHOWDER GRILLED CHEESE AND TOMATO SANDWICH GREEN BEANS FRUIT
30 MACARONI AND CHEESE BROCCOLI FRUIT	31 STUFFED PEPPERS FANCY VEGETABLES FRUIT	OCTOBER 2023		Lunches served daily at noon. Take-outs can be picked up between 12-12:30 pm .Reservations must be made by 12:00pm Monday, one week in advance. Alternate sandwich of cheese or PB&J must be requested by 9:30am the day requested. Milk and juice will be available daily