



Monday	Tuesday	Wednesday	Thursday	Friday
2 Planning Day No Programs Today 	3 10:00 Yoga 12:30 Program Meeting 1:00 Knitting/Crocheting With Anita 1:00 Water Aerobics At MCWCC	4 <b>12:30 Red Dessert Contest</b> 1:00 Instructional Bead Work with Wilma	5 9:00 Salon Appointments 9:30 Resin Jewelry Making 1:00 Ceramics	6 10:30 Movie Matinee Brunch
9 9:00 Massage Therapy 1:00 Craft with Tammy Tea Hat	10 10:00 Yoga <b>10:30 Valentine's Tea at Loka Leaf Tea Lounge</b> 	11 11:00 Mary-Kay Lip Treatment with Nancy Graham 12:30 luses lips contest 1:00 Instructional Bead Work with Wilma	12 9:00 Salon Appointments 11:00 SNAP-ED Creating Balanced Meals 1:00 Ceramics	13 9:30 Wegman's and Hobby Lobby shopping with Lunch
<b>16</b> <b>Center Closed Today</b>	17 10:00 Yoga 1:00 Knitting/Crocheting With Anita 1:00 Water Aerobics At MCWCC	18 1:00 Instructional Bead Work with Wilma 4:30 Estate Planning Law Center New Hartford	19 9:00 Salon Appointments 9:30 Resin Jewelry Making 1:00 Ceramics	20 1:00 Monthly Bingo
23 1:00 Bingo at TSCR	24 10:00 Yoga 1:00 Knitting/Crocheting With Anita 1:00 Water Aerobics At MCWCC	25 1:00 Instructional Bead Work with Wilma 5:00 Point Place Casino	26 9:00 Salon Appointments 1:00 Ceramics	27 1:00 Bowling at Green Lakes Bowl



# February

